

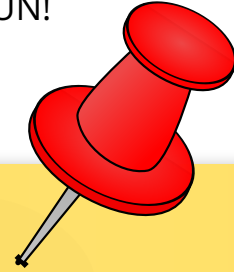
Summer Residentials 2024

Ambassador Handbook



WELCOME!

Here is your all important guide to navigating the Summer Residentials 2024! This handbook contains all the essential information you need to make the upcoming weeks unforgettable for you and your students! Read the information carefully, don't be afraid to ask questions, and most importantly, HAVE FUN!



Contents

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Introduction & Programme Overview

Residential - or summer schools - are an opportunity for prospective students to find out more about the university experience and essentially live like a student for a small period of time. Our residential at Durham University offer attendees the chance to take part academic taster sessions as well as a variety of sporting activities and social events.

Supported Progression

Supported Progression is a programme starting in Year 12 for students from the North East, North West and Yorkshire. SP offers a range of support and opportunities prior to university and aims to support students who are typically underrepresented in Higher Education, and particularly at Durham. We hope that SP will help the attendees build the knowledge, confidence, and resilience to join us at Durham.



Sutton Trust

The Sutton Trust is an educational charity in the UK which aims to improve social mobility and address educational disadvantage. Durham is one of the Sutton Trust's partner institutions and as such, offers students the unique opportunity to experience university life by attending a summer residential before they even apply. This programme is available for Year 12 students from UK state-maintained schools.

Space to Explore Potential (STEP)

STEP offers a dedicated space for young Black-heritage students to explore not only their own potential, but all that Durham has to offer as a potential university destination. We welcome applications from Year 12 Black-heritage students who attend UK State Schools. STEP consists of a summer residential, along with online information and guidance through Year 12 and 13.



MEET THE STAFF



Megan Clark
Interim Widening Access &
Participation Manager
Pronouns: She/Her
SP / ST / STEP

Rebecca Duckworth
Interim Widening Access &
Participation Assistant Manager
Pronouns: She/Her
SP / ST / STEP



Rik Coldwell
Deputy Head of Student
Recruitment (Widening Access
& Participation)
Pronouns: He/Him
SP / ST / STEP



MEET THE STAFF



Karen Wilson
Deputy Head of Student Recruitment
(Recruitment & Admissions)
Pronouns: She/Her
SP / ST / STEP



Rachel Rutherford
Widening Access & Participation
Assistant Manager
Pronouns: She/Her
SP / ST / STEP

Molly Kitchen
Widening Access & Participation
Assistant Manager
Pronouns: She/Her
SP / ST / STEP



MEET THE STAFF



Jen Barton
Student Recruitment
Manager (Schools Liaison)
Pronouns: She/Her
STEP



Frankie Barton
Student Recruitment Assistant
Manager (Schools Liaison)
Pronouns: She/Her
STEP



Lou Rankin-Carr
Widening Access & Participation
Assistant Manager
Pronouns: She/Her
ST / STEP

MEET THE STAFF



Kath Dodd
Widening Access & Participation
Coordinator
Pronouns: She/Her
SP / ST / STEP

Ryan Tudor
Widening Access & Participation
Administrator
Pronouns: He/Him
SP / ST / STEP



Rebecca Hollis
Widening Access & Participation
Administrator
Pronouns: She/They
SP / ST / STEP



MEET THE STAFF



Kimberly Chitifa
Student Recruitment
Graduate Ambassador
Pronouns: She/Her
SP / ST / STEP

Tia Van Loggerenberg
Widening Access & Participation
Graduate Ambassador
Pronouns: She/Her
SP / ST / STEP



MEET THE STAFF

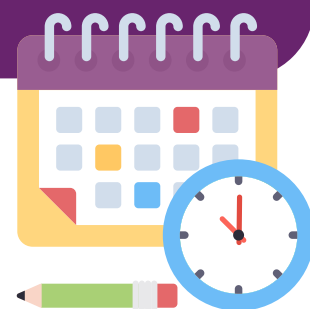
Angelina Johnson
Residential Intern
Pronouns: She/Her
STEP



Ferdinand Ameyaw
Residential Intern
Pronouns: He/Him
STEP

Your Timetable

SUNDAY



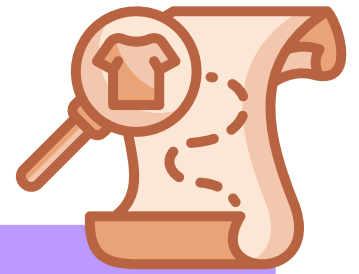
Time	Activity	Location
9:30 - 10:30	Staff and Mentor Breakfast	Oswald Hub
10:30 - 12:30	Staff Training Session 1	South College JCR
12:30 - 13:30	Staff and Mentor Lunch	Oswald Hub
13:30 - 15:30	Staff Training Session 2	South College JCR
15:30 - 17:30	College Set Up 1-1 Ambassador Meetings	Oswald Hub & South College JCR
17:30 - 18:30	Staff and Mentor Dinner	Oswald Hub

MONDAY



Time	Activity
12:00 - 14:00	Arrival and Lunch
14:00 - 14:20	Welcome Talk
14:20 - 15:00	Mentor Time and Move to Academics
15:00 - 17:00	Academic Session
17:00 - 17:30	Return to South College
17:15 - 19:00	Dinner
19:00-19:30	Information, Advice & Guidance Session
19:30 - 20:00	Move to Sport or Society Activity (You will choose this when you arrive!)
20:00 - 22:00	Sports and Societies Night
22:00 - 22:30	Return to South College
22:30 - 23:00	Mentor Time
23:00	Curfew

TUESDAY



Time	Activity
8:30 - 9:30	Breakfast
9:30 - 10:00	Mentor Time + Move to Academics
10:00 - 12:00	Academic Session
12:00 - 13:00	Lunch
13:00 - 14:00	Academic Session
14:00 - 14:30	Refreshments
14:30 - 15:30	Information, Advice & Guidance Session
15:30 - 17:30	Scavenger Hunt
17:30 - 19:30	Dinner
19:30 - 22:30	Toned Down Tuesday Variety of chilled activities to choose from (You will choose this when you arrive!)
22:30 - 23:00	Mentor Time
23:00	Curfew

Please note: activities after 19:30 on this evening are optional.


WEDNESDAY

Time	Activity
8:30 - 9:30	Breakfast
9:30 - 10:00	Mentor Time + Move to Academics
10:00 - 12:00	Academic Session
12:00 - 13:00	Lunch
13:00 - 15:00	Academic Session
15:00 - 15:45	Return to South College
15:45 - 16:30	Get ready for Mentor Olympics
16:30 - 17:15	Transfer to Sports & Wellbeing Park (Maiden Castle)
17:15-18:45	Dinner
19:00 - 21:00	Mentor Olympics
21:00 - 21:30	Return to South College
21:30 - 22:30	Open Mic Night / Karaoke
22:30 - 23:00	Mentor Time
23:00	Curfew



Please note: activities after 21:30 on this evening are optional.

THURSDAY



Time	Activity
8:30 - 9:30	Breakfast
9:30 - 10:00	Mentor Time + Move to Academics
10:00 - 12:00	Academic Session
12:00 - 13:00	Lunch
13:00 - 15:00	Academic Session
15:00 - 15:30	Transfer to South College
15:30 - 16:15	Mentor Time
16:15 - 17:30	Get ready for formal
17:30 - 18:00	Drinks Reception
18:00 - 20:00	Formal Dinner
20:00 - 22:30	Post-formal Activities
22:30 - 23:00	Mentor Time
23:00	Curfew

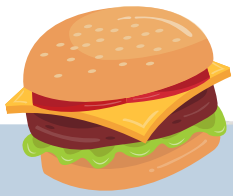


Please note: activities after 20:00 on this evening are optional and you can head to bed any time from returning back to college.



FRIDAY

Time	Activity
8:30 - 9:30	Breakfast and Check Out
9:30 - 10:00	Mentor Time + Move to Academics
10:00 - 12:00	Academic Session
12:00 - 12:30	Return to South College
12:15-14:00	Lunch
14:00 - 16:30	Departures



MONDAY

Lunch:
Sandwiches/Crisps/Fruit

Dinner:
Chicken katsu curry
v-Quorn beef katsu curry

With steamed rice, garlic
broccoli, new potatoes

TUESDAY

Breakfast: Continental &
cooked breakfast available

Lunch: Packed Lunch
(ham/cheese/tuna/egg
sandwich, crisps, fruit)

Dinner:
Italian beef meatballs
pomodoro sauce
V - meatballs pomodoro sauce

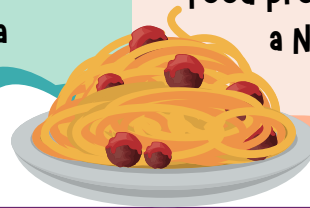
White Penne Pasta

WEDNESDAY

Breakfast: Continental & cooked
breakfast available

Lunch: Packed Lunch
(ham/cheese/tuna/egg sandwich,
crisps, fruit)

Dinner:
Food provided from 'Gwarn Jerk'
a North East company.



FOOD MENU

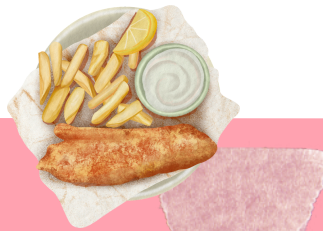


THURSDAY

Breakfast: Continental &
cooked breakfast available

Lunch: Packed Lunch
(ham/cheese/tuna/egg
sandwich, crisps, fruit)

Dinner: 3 course formal dinner
See next page for
formal menu!

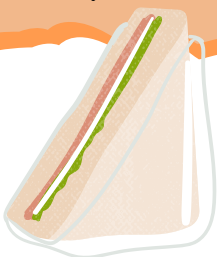


FRIDAY

Breakfast: Continental &
cooked breakfast available

Lunch:
Jamaican Pork + pineapple
V - Barbados Aubergine and
plantain curry

Please note:
All hot meals include
a selection of
vegetables and sides
along with a dessert.



Formal Dinner



Formal Dinner

MENU*

Thursday 22nd August 2024

Starter

Roast tomato, red pepper and basil soup
(with crumbled feta)
Adapted for vegan diets.

Main

Rump steak with Hasselback potato, slow
cooked vine tomato, rocket and parmesan salad
and a chimichurri dressing

Chestnut mushroom steak, truffle mash, pea
and mint puree, tender stem broccoli
(Vegetarian/Vegan)

Dessert

White chocolate and raspberry truffle (with
torched meringue & raspberry sorbet)

Vegan brownie (with poached fruit and sorbet)

*All dietary
requirements will
be catered for.

Activity Information

What is the Mentor Olympics?

Each day of the residential, mentor groups will have chance to earn points to crown an overall Olympic Champion. This can be from small tasks/challenges to larger scale evening activities. On Wednesday, there will be the actual Mentor Olympics, where mentor groups will take part in a series of head to head games to win points.

How can students earn points?

Small tasks, e.g.

First mentor group / table to have all students down for breakfast = 10 pts

Duels:

You can challenge another team to a duel. The winning team will receive 10 extra pts, and the losing team will lose 10 pts.

Large scale activities:

The Olympic Games or City Scavenger hunt are great opportunities to earn those all important points!



MENTOR OLYMPICS

The Olympic Games!

The Olympic Games is the perfect time to change the scores on the doors and get your team to first place. As combined groups, you will have to tactically complete a wide range of activities, from capture your flag to tug of war.

Points are available for the winning team in each group as well as the overall high score on each activity!

Gold, Silver and Bronze.....

Each time you win points, it must be verified by the Olympic team!

The leaderboard will be monitored throughout the week with plenty of opportunities for your team to take the top spot!

The Mentor Olympics Championship points will be totaled up, and announced at the formal on Thursday night!

PACKING LIST



- Comfy and weatherproof shoes for walking!

 - A good water bottle & travel mug

 - Your purple stash!

 - Cards, dobble, a board game - anything to pass the time!

 - Clothing for when you're on break so that it's clear that you're off shift and don't get asked lots of questions!

 - A good waterproof coat! The rain can strike at anytime!

 - A sturdy bag - sometimes those tote bags don't cut it!

 - Formal wear! On the last night, you can take your lovely purple off and dress up.

 - Toiletries: toothbrush, toothpaste, deodrant, shampoo, body wash

 - Snacks! For you, for other people (e.g. the person you are angel-ing), and for your mentees. A great little pick-me-up.
** No nut products please!

 - A blanket, or any other comforts for your room.

 - A book! You want to be present in your academic sessions, but this can be good for when students are working and for at night

 - Suitable pyjamas! You don't want to be caught out if a student knocks on your door late at night.

 - Hair applicances if you want/need them, e.g hair straighteners/hair dryer! Just remember to always switch them off!

- Any regular medication you require (please let us know what this is and when you're taking it) -- also we don't
- give out medication so helpful to bring paracetamol or ibuprofen just in case!

SAFEGUARDING

DSO: Designated Safeguarding Officer

Primarily, the DSO will be Megan who will be on site at all times in case of emergency. If Megan is on a break then an alternative DSO will be appointed from the Grade 7/8 members of staff. You will know who is DSO on each day/time.



Safeguarding Concerns

If in doubt about ANYTHING then please chat to the nominated DSO who will know the best next steps to take. If you have had DSO training you may be aware of the best course of action but please still flag to the designated DSO on shift.

Emergencies & Disclosures

In the case of emergencies or serious disclosures, remember to never promise confidentiality. Additionally, once escalated, the most important thing is taking time to record and write everything down as soon as possible - this is so we have everything logged whilst it's still fresh in your memory!



Safeguarding Best Practice

Remember ratios! In stressful situations, it can be easy to forget about these. Members of **staff, including ambassadors, should always avoid being 1-2-1 with an attendee** – always try to have someone else with you or around. If a student wants to talk privately, suggest going to a quiet corner of a room where there are other people, or a space where other staff/DSA can see you. This doesn't necessarily apply to walking in corridors or blocks when you are just passing students - it is applicable for prolonged periods of time.

IMPORTANT!

Attendees' rooms are out of bounds for anyone other than the student sleeping in that room. **Staff and ambassadors cannot go in**, not even to get rid of a spider. You could suggest leaving the window open and coming back later, or if absolutely necessary, they can ask another attendee to help and you plus another member of staff can supervise from the corridor.

Unfortunately, **attendees cannot go offsite**, even if they ask to go to the shops/ into town etc. The only way we would facilitate this is if a student needs to go to buy medical supplies such as paracetamol, or if they have a pre-arranged agreement with core staff.

Remember this

Try to avoid physical contact with students, just to mitigate any safeguarding issues. If the situation absolutely requires it, keep it somewhere highly visible. However, as a rule, **staff and ambassadors should avoid any unnecessary physical contact with attendees** (e.g. hugs).

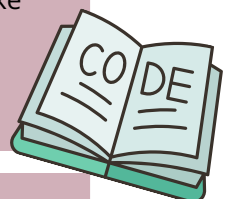
"If in doubt, IRF it out!" There can be a worry about over IRFing, but it's better to raise it and it be nothing than ignore it and it be something. Indicate on the IRF if it is something minor (e.g. student didn't want to eat dinner/was a bit disengaged), but don't feel shy to raise it. This helps staff to notice patterns of behaviour and potentially flag something with a student if needed.

Do not forget

If attendees want to change subject/activity, don't promise them that they can. It is difficult to move students around and it may not be possible. Firstly, ask them why they wish to change. If it is for accessibility reasons, raise this with a member of staff as soon as you can. However, if it is to be with friends, encourage them to make new friends in the group. You could also try hyping up the activity or introducing them to the lead ambassador to help put them at ease. If it persists, talk to staff and we can agree a course of action.

If an attendee is behaving inappropriately, for example by being rude to other attendees, **calmly challenge their behaviour**. Without embarrassing them, pull them to one side (being mindful of ratios), mention that their behaviour is inappropriate and why, and ask them to stop. If they persist, address it again, reminding them of the code of conduct they signed (then fill in an IRF and escalate as necessary). It's important to remember that students may behave like this around their friends/family at home and not see a problem with it, which can make challenging them difficult. However, it is important to remain calm and speak to attendees like the young adults they are, without patronising or embarrassing them.

Be mindful of how you are using your phone. Phones are an important tool for communication between staff and ambassadors during residentials, e.g. Teams and WhatsApp, but don't use them for non-essential tasks when you are meant to be engaging with attendees.



Emergency Procedures

Fire, Police, Ambulance,
emergency: **999**

University Emergency
(24 hours): **0191 334 3333**

University Security Office
(24 hours): **0191 334 2222**

Staff numbers: **to be
circulated at start of each
residential**

Fire Alarms

Every University building incorporates fire safety measures and every College has a fire alarm system, including smoke and heat detectors, and red break glass call points. It is important to familiarise yourself with the location of the nearest fire exits on arrival to any University building as you may not be able to leave by the usual route in the event of a fire. If a fire drill is expected, you will be made aware of this.

Automated External Defibrillators

The nearest defibrillator to South College is at **Mount Oswald Hub**, The Approach, Durham, DH1 3FP.

Access 24/7 Contact: **0191 3342222**

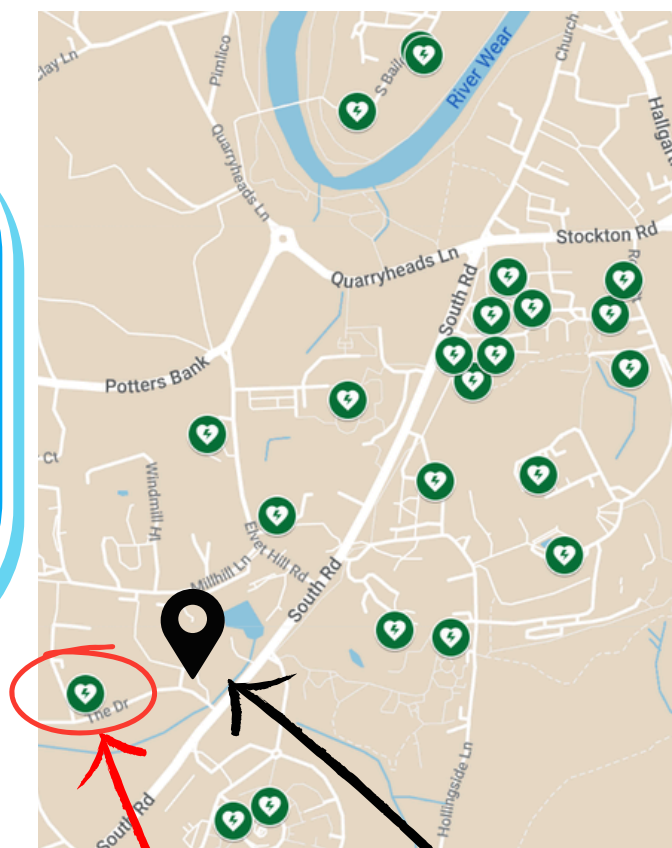


A full list of defibrillators across the University can be viewed at: <https://shorturl.at/kBExs>

First Aid

A trained First Aider will be on hand at all times. Staff and ambassadors will be made aware of who the First Aiders are.

First Aid can also be accessed 24/7 by contacting the University Security Office on 0191 334 2222.



**Mount
Oswald
Hub AED**

**South
College**

TIPS

For looking after yourself on summer school:

Take little breaks where you can! Even if it is 5 minutes where you can have a breather, it can make a difference.

Get your sleep! Although sleep hours are slightly limited, make sure you get yourself cozy in your room, and have some wind down activities.

Talk to other mentors; everyone is in it together, and everyone will lend a helping hand

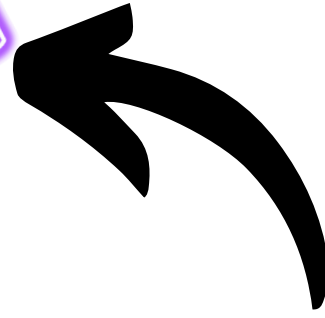
Eat well at meal times, and snack throughout the day. They are long days, so you need your energy and to keep your body fueled. Eating at meal times can also encourage shyer mentees to eat what they want and need also!

Keep yourself hydrated (not just coffee) – you will be doing a lot of moving and a lot of talking, and water (or squash) is vital!

Although taking small breaks is important, please do not keep things bottled up if you need some time off. Everyone is here to support you, so if you aren't doing as well, please talk to staff! It is really important that you are well to work, and everyone would rather you took some time over burning yourself out.

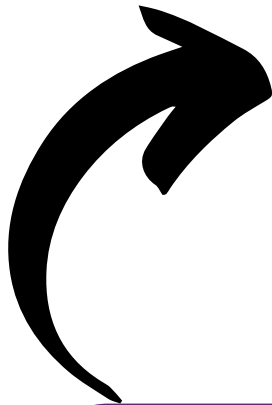
Purple wash:

Your worn purple stash will be put in the "purple wash" box either in the evening or morning at briefing and given back when dry at the next brief.

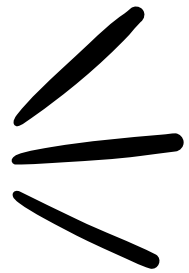
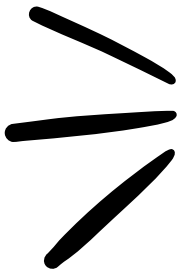


Warm fuzzies:

Throughout the day, you can write little (anonymous) notes to other DSA or Staff who you think have been particularly amazing and put them on the warm fuzzies board. This can be if they've helped you with something that day, or simply just for a little pick-me-up. They will be read out by other DSA at debrief!



Key Words



Angels:

At the beginning of the week, you will be handed the name of a person who you are an angel for. This will be the person you (secretly) look out for all week, which could be anything from giving them their coffee in the morning, to leaving a snack at the warm fuzzy box.

Great thing is, you have an angel too!



Block party:

You and another DSA may be sat at the doors to one of the accommodation block from around 9pm, and your job is to simply check people into bed! Curfew is 11, but lots of students will choose to go to bed early, so simply be a friendly face to everyone, make sure they're okay, and tell them any important info they might need to know for the following day (including be at breakfast!).



Radio Etiquette



PLEASE do not sit on your radio, it makes an awful sound, and everyone can hear it.



No student names over radio! Confidentiality is key!



You may use other radio channels to have a more private conversation about something, just don't abuse it!



We tend to use Whatsapp when academic sessions are on. The radios are good, but they're not THAT good.

IRFS



INCIDENT REPORT FORMS

These will be used by you throughout the week to report anything that might have happened in academic sessions, in the city, and mealtimes, etc. You will have training on these before residential.

But always remember the saying...

If in doubt, IRF it out!

BEING BLACK IN DURHAM



Hair

Durham terms are only 10 weeks, very short in comparison with other universities. Most of the black community within Durham prefers to get their hair done at home during the holidays and when visiting during term time.

However, there are some options for getting your hair done when you are here at university. Most of these options include jumping on a 12-minute train to Newcastle.

Hair shops:

- Hair City
🏠 55 Clayton St, Newcastle upon Tyne NE1 5PW



ACE OF BRAIDS

🏠 4 Waterloo street Ne14DG



Socials



Socials

KASH HAIR

🏠 Darras Drive, NE29 8ST
North Shields



Volume Hair and beauty salon

🏠 226-228 Hylton Road,
Sunderland, United
Kingdom. SR4 TUZ



Socials

BEING BLACK IN DURHAM



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Hair shops:

- Hair City
🏠 55 Clayton St, Newcastle upon Tyne NE1 5PW

TELLA BARBERS

TELLA BARBERS

🏠 91-95b blandsford street
Newcastle NE1 3PZ



Socials



MADE IN KAYS

🏠 295a WESTGATE ROAD,
NE4 6AJ, NEWCASTLE
UPON TYNE,

Socials



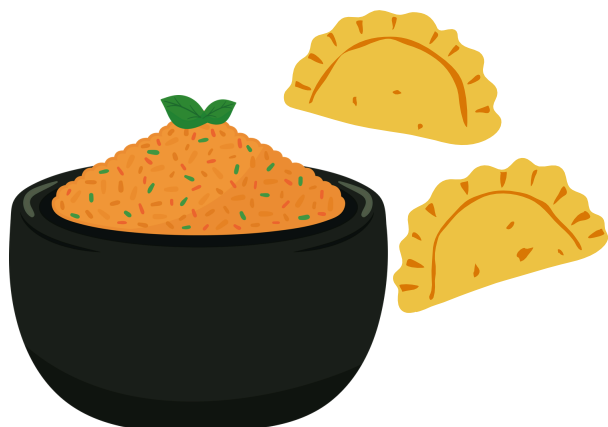
Lux Styles

🏠 Lux Styles NE4 6JE



Socials

BEING BLACK IN DURHAM



Food

Likewise, with hair, the black community within Durham bring food and seasoning from home up to Durham. Especially are self-catered or 'live-out' students who have to cook for themselves, sometimes the ingredients are not always available in supermarkets like yams or plantains.

However, shops in Newcastle and Durham to stock up including Candat Stores just outside the city in Newton Hall – Just a 10-minute drive from the city centre.

ACS Recommendations

Grocery Store:

- Candat Stores
🏠 67 Carr House Dr, Durham, DH1 5LT
- Osas Afro Caribbean Food shop
🏠 438 Westgate Rd, Newcastle upon Tyne, NE4 9BN, UK
☎ +44 191 447 3104

Halal Grocery Stores:

- Pamir Halal Meat
🏠 271 Stanhope St, Newcastle upon Tyne, NE45JT, UK
☎ +44 191 241 4643
- Newcastle Halal Foodstore
🏠 28 West Rd, Newcastle upon Tyne, NE4 9HB, UK



Restaurant :

- House of Jollof
🏠 94 – 102 Blandford St, Blandford St, NE1 3BT
☎ 07723421419
- Gwarn Jerk
🏠 133 Benwell Ln, Newcastle upon Tyne NE15 6RT
☎ 01916822488



BEING BLACK IN DURHAM

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Societies & Associations

There are many different societies & Associations you can join with in ur time at durham with have pick out a few that of attendees of STEP might be of interest

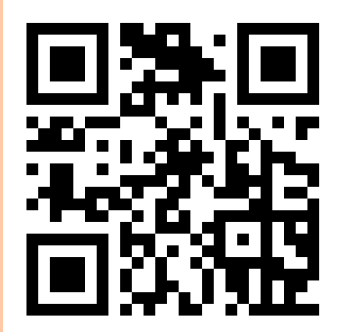


ACS

The Durham African and Caribbean Society (DACS) celebrates African and Caribbean culture, offering a platform for students to connect socially, educationally, and professionally. We host various events throughout the year, including a Welcome Party, Cultural Ball, and alumni networking. All who appreciate Afro-Caribbean culture are welcome to join.



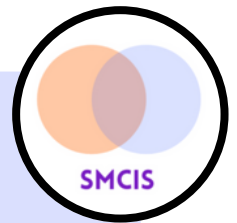
Socials



Socials

SMCIS

The Students of Mixed Cultural Identities Society is a group that represents Durham students of mixed race and/or third-culture backgrounds. This group aims to provide a safe space for discussion of topics such as identity and culture and organise events to promote global mindedness.



DPOCA

Durham People of Colour Association aims to provide representation and support for students of Durham University who identify as a person of colour. Durham POCA serves as a safe, welcoming space for people of colour to access confidential welfare services, meetings and talks, social events, campaigns, and education on race-related issues, as well as facilitate greater racial dialogue and awareness on campus.



Socials

BEING BLACK IN DURHAM

DURHAM SU

Societies & Associations

There are many different societies & Associations you can join with in ur time at durham with have pick out a few that of attendees of STEP might be of interest



Socials

ICMD

The Inclusive Christian Movement Durham Society welcomes everyone to join our Sunday meetings for discussions on faith, justice, and activism. We support LGBT+ rights and inclusivity, offering a Safe Space for open, respectful dialogue. Meetings include lunch, discussions, and guest speakers, with occasional trips and activities.



Islamic Society

The Durham University Islamic Society (DUISOC) supports Muslim students by organizing social events, prayers, and Quranic lessons, while fostering community and spiritual life. They co-manage Durham's Islamic Prayer Rooms and work closely with the local Muslim community, offering guidance on religious matters. DUISOC serves as a key resource for Islamic affairs in Durham.



Socials



Socials

The 93%club

The group provides a platform for state school students at Durham to share experiences, access social and educational resources, and build a supportive community. They organize inclusive social events, offer practical advice for post-graduation opportunities, and welcome students from all schooling backgrounds to participate and benefit from the support.



BEING BLACK IN DURHAM

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Societies & Associations

There are many different societies & Associations you can join with in ur time at durham with have pick out a few that of attendees of STEP might be of interest



LGBTQ+

The LGBT+ Association offers social events, support, and advocacy for students identifying under the LGBT+ umbrella. They provide safe spaces, information, and representation, while also promoting awareness and equal rights within the university and beyond. The association is inclusive of diverse gender identities and sexual orientations.



Socials



WCSA



The working class student Association. Is a network run by and for Durham's working-class students, offering support, advocacy, and space for discussion.

Socials



INTERSECTIONAL Feminist

Intersectionality addresses how overlapping social identities contribute to unique forms of oppression. Traditional feminism has often excluded marginalized groups. Our goal is to foster inclusivity, educate on the complexities of oppression, and provide a safe space for respectful discussion and connection among diverse individuals.



Socials

Ice Breakers



Games are a great way to break the ice with groups or fill spare time between activities. Here are a few ideas of games you could play, but feel free to introduce a few games of your own!

Quick and Easy Games:

- Wordle / worldle / conexo / connections / context / etc etc...
- Dobble / UNO
- Splat
- Card games (rummy, spit, shed, chase the ace, etc.). I advise looking some of these up, or asking your mentees for any fun ones they can teach the group! A very good bonding activity. (don't let them get you with 52 card pick up)
- Silly questions such as, "Do you think you are a lemon or a lime? Why?" or, "What is the biggest animal you think you could take on in a fight with only your hands?"

The String Game



1. Get a piece of string and say one fact about yourself (e.g. I did a level geography, I play football, etc.).
2. If someone else has also done that thing, or relates to it, you roll the string to them.
3. They then say something about themselves, etc.

Desert Island



1. Choose a host. They decide who gets thrown off the island
2. Ask students to come up with a celebrity, dead or alive, don't tell them why yet.
3. The host will ask questions that each person needs to answer about their person to keep them alive.
4. After one question is answered, the host will choose one person to get rid of. *Last survivor wins*

Evolution



Rules –

- Everyone begins as an egg.
- You must play rock paper scissors with someone who is the same as yourself.
- If you lose, you devolve to the previous stage.

Stages –

- Egg: crouch down and bob up and down.
- Chicken: walk with bent legs and arms like a chickens wings.
- Dinosaur: stand mostly up, t-rex arms.
- Fairy: Walking (gliding if you want) with arms outstretched making fairy wings.
- *Win as a fairy, win the game*

The Story Game



1. Get each student to write down something that they have done, or a friend/family member has done (anonymously) and put them in a hat, bowl, etc.
2. One person (you or another student) reads out the story, and you must guess whose story it is.
3. Give the person the slip that it is written on, and at the end reveal whose story was whose.

2 Truths 1 Lie



1. One person in the group comes up with 2 truths about themselves, and 1 lie
2. The remaining people must figure out which is the lie
3. You may ask questions to the person about their statements
4. Players then vote which they think is the lie