



Eyes on the Baby

Safer Sleep Checklist



Strand 1

Baby's age is a key risk for SUDI which in together with other factors in the home can make some sleeping arrangements more hazardous

- Use this checklist to identify risks in the home or family.
- Discuss these with the baby's carers.
- Offer to make a referral to the Health Visiting team if support is needed:

Health Visiting Team:

HDFT.spocnorthumberland@nhs.net

Age	<2 mths	2-4 mths	5-6 mths	>7 mths
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Is the baby at a vulnerable age for SUDI?

Primary Risks

in the Home / Family

Tick or highlight all that apply



Additional Risks

in the Home

Tick or highlight all that apply

Baby sleeps in room away from parent?	Baby sleeps with too much bedding?	Baby sleeps in car seat in house?	Baby sleeps on a soft surface?
Baby sleeps in a bag-type sling?	Baby sleeps in a pod or nest?	Baby is over-dressed for sleep?	Baby wears hat/ hood for indoor sleep

Safeguarding Referral One Call (tel: One Call 01670 536400)

Make a safeguarding referral to One Call:

- If the baby is in immediate danger
- If the family are aware of the dangers and refuse to prioritise their baby's safety