



Durham
University

Preparing, planning & packing for International students

Presented by Ritu, Amanda & Worapon

Hosted by Natalie Milburn,
Student Recruitment Assistant Manager
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Preparing, Packing & Planning for International Students in Durham

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MSc Management @ Durham Business School

Indian international student

Previously studied: English Literature



Academic Life as a Postgraduate Student in Durham

- Weekly readings and research
- Essay based assignments
- Lecture and seminar recordings
- Weekly seminars for practical applications
- Group projects and field trips
- Guest lectures and networking events



Life as an international student

- Difference in language and culture of Northern England
- Adapting to the ever-changing British weather
- Quaint and comfortable small-town living
- College and university libraries have abundant resources and study spaces
- Sense of family and community through collegiate living
- Accessible study spaces in colleges
- Round the clock porter service for students

Packing for Durham – Amanda Botelho

- The weather in Durham can be quite temperamental – pack thin layers made of breathable fabrics (i.e., long sleeved cotton t-shirts).
- It can get rainy! Make sure you have a waterproof coat and/or an umbrella (I like having both).
- The hills in Durham are no joke! You'll need comfortable shoes for walking.
- Durham has a lot of formal events (matriculation, formals, balls), so make sure to carry some formal clothing and footwear.
- Spring and summer are quite warm, so you will also need summer clothing.

Packing for Durham

What if you can't pack everything?

Don't worry!

There are loads of charity shops in Durham that are very affordable – some examples are Salvation Army, Age UK, British Heart Foundation, Scope, Oxfam.



Examples of clothing you can wear – Autumn (September to November)



Examples of clothing you can wear – Winter (December to February)



Examples of clothing you can wear – Spring (March to May)



Examples of clothing you can wear – Summer (June to August)



5 things to pack for Durham

Waterproof coat with hood

For the rain.

Thin jumper/cardigan + scarf

To layer clothing during colder months.

Formal clothing and footwear

For Matriculation, formals, balls and graduation.

Umbrella

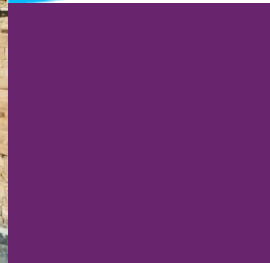
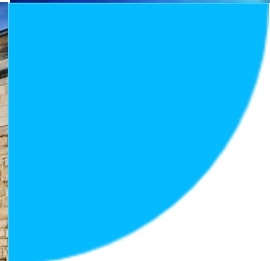
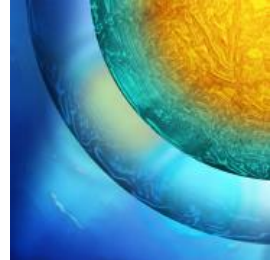
Also for the rain!

Good walking shoes

For the Durham hills.

5 “Must Do” Things once arriving in Durham

Worapon Rattanawarawong
St Mary's College, Durham
Postgraduate Ambassador



1. Engage from Day One

- **Engage in Social Activities**
Freshers' Week is filled with a variety of social events such as city tours, movie nights, formal dinners. Attending these events is a great way to meet fellow students and start building friendships.
- **Join Student Societies and Clubs**
Take the opportunity to explore different interests and join groups that align with your hobbies or academic goals. This involvement can enrich your university experience and offer valuable extracurricular activities.

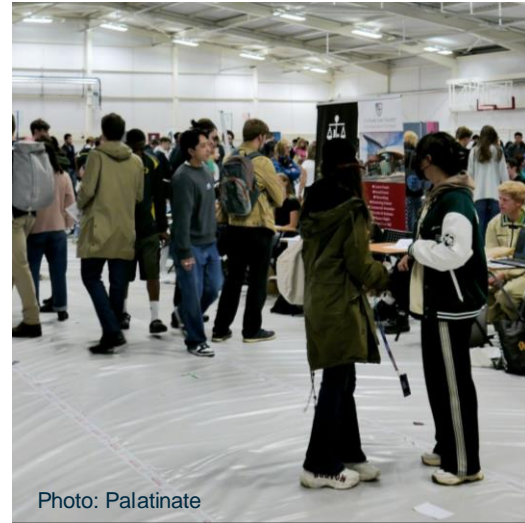
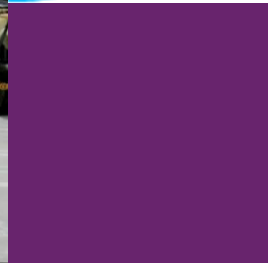
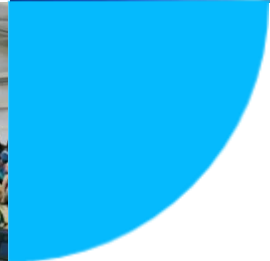
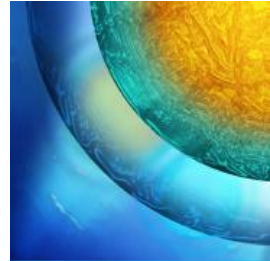
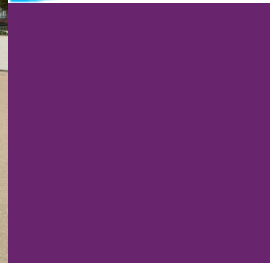
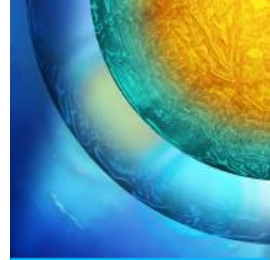


Photo: Palatinat



2. Know Your New Home

- **Take a tour:** Explore yourself of join organized tours by the MCR of your college and the main campus to get an overview of key locations, such as libraries, lecture halls, dining facilities, and student common rooms.
- **Campus Facilities:** Take the time to explore your college and main university campus to locate key facilities like libraries, study spaces, and student support services.



3. Financial Setup

- **Choosing the Right Bank:** Research and choose a bank that offers accounts with benefits for students, such as low fees and good customer service, online services. Local branches often have experience with international student requirements.
- **Essential Documentation:** Ensure you have the necessary documentation ready, including your passport, visa, proof of residency, and university acceptance letter, to open your account smoothly.



Photo: England's North East



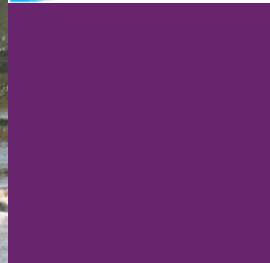
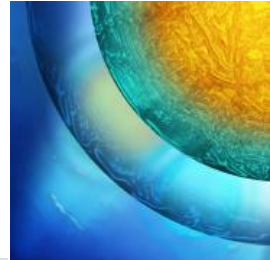
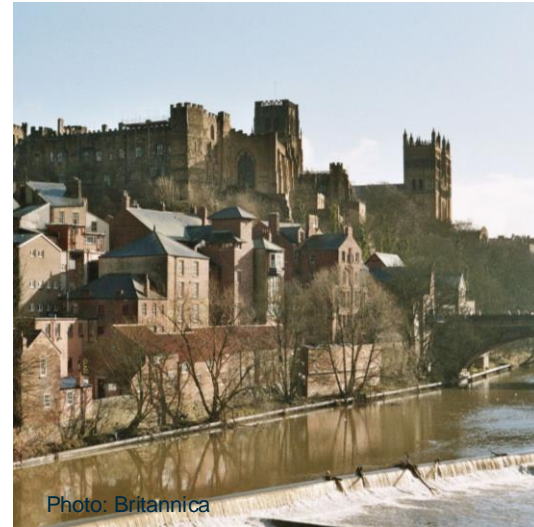
4. Prioritise Your Health

- **Local Healthcare Services:** Register with a General Practitioner (GP) near your residence or campus to ensure you have access to healthcare, particularly if you have ongoing medical needs or prescriptions.
- **Mental Health and Wellbeing:** Familiarise yourself with the university's mental health services and make an initial appointment to discuss any support you might need during your studies.



5. Discover Durham

- **Local Amenities and Services:**
Explore Durham to locate essentials such as supermarkets, pharmacies, and the nearest hospital. Knowing these locations in advance can ease your transition.
- **Cultural and Social Exploration:**
Take advantage of Durham city. Visit landmarks, museums, and local eateries to immerse yourself in the city and build a connection with the city.



Be adventurous.



Be you.

